

## Rehab Sudbury

Rehab Sudbury - EECp therapy is an outpatient treatment utilized for heart failure and angina. For individuals who suffer from these conditions, simple activities like walking the dog or getting the mail can be very tough. If you or maybe someone you know experiences heart failure or angina, the non-invasive treatment known as EECp therapy can be helpful. Statistics prove that approximately 80 percent of people who complete the 35 hour course of EECp therapy report significant symptom relief that could last up to 3 years.

EECP therapy has proven to be a helpful treatment used for angina and heart failure. Normally, treatments are given for one hour a day, 5 days a week for a total of 35 hours. A treatment session includes lying on a comfortable treatment table making use of big blood pressure like cuffs wrapped around your buttocks and your legs. At particular times in between your heartbeats, these cuffs inflate and deflated. A continuous ECG or electro cardiogram is used to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it usually receives its oxygen and blood supply. Then the cuffs deflate at the end of that rest period, just before the next heartbeat. The person wears a special sensor on their finger to be able to check the blood's oxygen levels. The sensor also checks the pressure waves created by the cuff deflations and inflations.