

Registered Massage Therapist Sudbury

Registered Massage Therapist Sudbury - An energy healer is somebody who is gifted with working with balancing the energy field which surrounds the human body or animal. The energy field is known as different things; conventionally called the chakras, aura body, chi or the energy body. To an energy healer, the term is not as important as the effects of working with it.

Healing with energy fields is an important part to whatever holistic healing plan since the energy fields surrounding our human body and the other items surrounding us are closely associated to our overall health. Energy work is connected with the gateway of the Spirit. The Body Gateway is associated with physical healing, the Mind Gateway is associated to emotional and mental healing and the Spirit Gateway is linked with energy healing.

It is commonly believed by many energy healers that every dis-ease starts from and can be healed through working along with the energy body. Like for example, if you have respiratory concerns, you may have a block around your lungs. When an energy healer unblocks that area, your respiratory problems must vanish or lessen.

Depending on the system they work with, energy healers function in various ways. The basics are as follows: charging with light, exorcising negative fields, unblocking and re-routing. Your local metaphysical store or spiritual bookstore may be able to put you in touch with an energy healer if you feel this may be best for you.